



Welcome to the **TAMAHERE VISTA** October 2026



The unpredictable weather and daylight saving both serve to tell us that Spring is here! I read recently that a meteorologist had described spring as being like a teenager – unpredictable, and with its many “up’s and downs”. A very apt and imaginative comparison!



The photo of this amazing avenue of Cherry Blossoms is from my home town in Christchurch. To think that people travel to Japan to see these! Imagine if Cherry Lane looked like this!

A very warm welcome into our community to all those who are recent arrivals. We trust you will soon feel at home here in what we believe is the best retirement village anywhere!

Our featured Resident of the Month is Margaret Blair, a long time resident here at Tamahere Eventide. It has been a privilege to spend time with Margaret as she shared her life with me.

Have a very happy October!

Carole Fleming (Editor)

Table of Contents – Tamahere Vista – October

Page 1	Editorial	Page 14	Hamilton East Rotary Club Update
Page 2	Introducing Margaret Blair	Page 15	Wonderful World of Single Malt Whiskies
Page 3	“Growing Older – Facing the Questions”	Page 16	“How to Keep your Privacy Online”
Page 4	Village Manager’s Column	Page 17	“What’s Going On?”
Page 5	Chaplain’s Korero	Page 19	News from Village Groups
Page 6	News from Lisa	Page 21	Library News & Movies for October
Page 9	News from the Residents’ Committee	Page 23	Our Rehabilitation Corner
Page 10	Visit from Living Waters Church Youth	Page 24	It’s Puzzle Time
Page 11	From Our Property Manager	Page 25	Our Chuckle Corner
Page 12	From Assisi to Glenview in 3½ years	Page 27	Calendar of Activities for October

Introducing Margaret Blair - from Villa 8

Hello to my Tamahere family! I have been asked by Carole to do a resume of myself!

I was born in November 1938 in Melbourne, Australia to English parents (both from Stockport), Wilkie and Elsie Joules, and am the eldest of three girls. At 20 months old, I had the misfortune to suffer from Meningitis. My father would sit up all night keeping me upright to sleep, while my mother looked after my sister who was a newborn.

We had a small farm where Dad had cows that had to be milked by hand, I helped him with this as Mum was frightened of them.

I attended a primary school of only 20 children and two teachers. Being out in the country, there were possums that made their homes in the trees of the school grounds and a blue tongue lizard lived under the school. At school, we played hopscotch and rounders.

At secondary school I went by train to Collingwood Girls' School. This was classed as a Domestic School, and I attended there for 2 years, then went to Eltham High School to finish off my High School Certificates with Honours.

When I finished school, I started working at an up-market fashion house, called "Le Louvre" as an apprentice for 18 months. I then became a typist at a Real Estate agent and was there for 3 years.

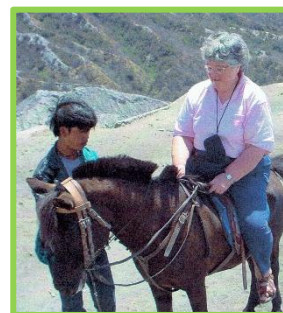
I met my late husband, Jack, who was a twin - his sister was called Jill. Fortunately, Dad bought us a house in Bundoora, out from Heidelberg where we spent many happy years with our baby daughter, Suzanne, my only child. She is a loving daughter to me. She has 3 children, Emma, Nicole and Addison, and I have 4 great grandchildren, and another one on the way.

I came to New Zealand with a partner but it didn't last long. I then met Joe at the Dulux Paint Shop in Rostrevor Street and it became a great partnership of 44 years until he passed away four and a half years ago.



Margaret with a parrot at the Bali Bird Park

We did a trip to Ireland, his homeland, in August 2006, and had a great trip meeting his family and friends. We did a lot of travelling to Vanuatu where Joe lived for six years, Indonesia, where Joe's son lived, Singapore, and a trip down the West Coast of America, being hosted into homes by Kiwanis there.



Margaret on a donkey in Surabaya, North Java

Joe and I lived in a three-bedroom house with a pool table room in Totara Drive, Pukete, until we decided to downsize. Joe sang in a Male Choir and with them, visited different Retirement Homes, and duly decided that we would come to Tamahere Eventide, which was 17 years ago. We have been very happy living here. Joe did the flag duty every day until just before he passed away. I delivered the mail and helped Joe to deliver the newspapers for two and a half years. It was a great way to get to know many new residents in the early years when there were only 34 villas here. I was also on the Residents' Committee for three years, where I was responsible for caring for people by sending bereavement and get-well cards, and keeping the biscuit jars in the library, stocked with Couplands biscuits.

I am involved in the Village Knit and Natter group on Friday mornings, knitting peggy squares to be made into rugs for the Children in Need, Waikato.

I just love it here at Tamahere Eventide – it's my home, where my friends are, and where I know I am safe and secure.



Yes – you’re right!! Margaret is cuddling tiger cubs at the Indonesian Safari Park.



Margaret was working at IRD and was pleasantly surprised when one of our politicians stopped by to chat.

Thank you Margaret for your time and generosity in sharing your story. You’ve had some amazing experiences and continue to bring light and laughter to your fellow residents here at Tamahere Eventide.

Growing Older – Facing the Questions

Have you ever found yourself questioning your confidence with tasks you have previously found more easily manageable?

We are not alone with these doubts or frustrations. We live in a community of older people. It may be that other residents here share your experiences.

A group of residents met last month to share concerns and to offer some help.

You are invited to join us and share your concerns or insights with others who are in similar situations. We can even tackle the difficult questions.

In the meantime, think about a question or issue relating to ageing that you would like the group to discuss.

We will meet on **Tuesday 13th October** in the Upstairs Harakeke Lounge from 10.30 – 11.30.

Evolving – Finding Health and Happiness as we age – Judy Bailey

This very readable book was written in 2024 and explores the many facets of ageing.

When beloved broadcaster, Judy Bailey, signed off her final television news bulletin in 2005, she had no idea that the next twenty years of her life would be some of the most fulfilling of her life. She shares new science and personal stories that have shaped her own path, while also tackling subjects ranging from caring for one’s body and mind to finances, grieving loved ones, and enjoying the finer things. She acknowledges that age is no picnic, but that we shouldn’t feel afraid of a path so many have walked before us.

One of her quotes that leapt off the page to me is “Ageing is a matter of mind. If you don’t mind, it doesn’t matter.”

VILLAGE MANAGER'S COLUMN

Quote of the Month:

"Yesterday is history, tomorrow is a mystery, today is a gift of God, which is why we call it the present."

(Bill Keane)



New Residents

Assisi Villa 37 Mary-Ann Fransen

1. Spring has arrived and the traditional property sales period has begun. This year, we have put signs on the gate to advertise the fact that we have villas and apartments for sale. I have also started advertisements on the I-Heart radio (Mike Hosking Breakfast) streaming radio. The reason for this is that a lot of people will listen to his podcast series in the lead-up to the Election. The housing market appears very soft, and whilst I have a lot of people who have gone through our available villas and apartments, there are few people who have put pen to paper with an offer. Hopefully this improves with the actions we have taken.
2. Elections – This year the voting booth station will be at the Tamahere Community Centre (near the Tamahere School), which is better than last Election's location. There will be voting in the week leading up to the Election, 31 October – 7 November. We will be coming to you with some transport options to get you there. However, you will be able to drive, take your mobility scooters, or go by bus the short distance if you wish to do this independently.

David McGeorge



*Not sure of this is a Pirate or
Superman on a mission!!*

*A reminder that
the Village AGM is
now on Tuesday
27 October at
10am in the
Chapel*

CHAPLAIN'S KORERO



Tēnā koutou e te whānau! Warm greetings to all who call Tamahere and Assisi home.

I'm writing this as another Te Wiki o Te Reo Māori (Māori Language Week) comes to an end. As someone who grew up at a time when there was very little public advocacy of the Māori language, it's been a great joy in my lifetime to see the renaissance of te reo.

In recent years the Methodist Church has encouraged its members to engage more deeply with te reo in our own contexts. So in 2018 I enrolled in Te Wānanga o Aotearoa to learn te reo Māori. Initially I thought I'd like to improve my pronunciation, learn a few greetings and get more confident offering a prayer in te reo or singing a waiata.

I wasn't the most diligent of students. However, by the end of the year I'd learnt enough that I thought it would be a shame to forget it all by not continuing. So I enrolled for a second year and then - following the same rationale - for a third and a fourth! Before I knew it, I was part of a growing number of New Zealanders on a lifelong te reo journey that hasn't stopped.

Somewhere along the way I came to realise that I wasn't just learning te reo for my own sake. I was part of something bigger: the revival and preservation of a language that is unique to Aotearoa and a taonga for all New Zealanders. For every person, Māori and non-Māori, who learns even just a little te reo is helping the language to live into the future.

I know there are people who think the survival of te reo is unimportant. But to me, the Māori language is a part of the distinctive identity of Aotearoa. It's intimately connected to all the things that make us who we are as a people, some of which can only be fully expressed in te reo. So I love words like manaakitanga (hospitality), aroha (love) and wairua (spirit).

I've also learnt that opening our hearts to te reo has the potential to bring us into a deeper understanding of what it might mean for all of us to belong to this land, with all of the ambiguities that sometimes involves. My te reo journey has helped me think about my responsibilities as he tangata Tiriti, a person without Māori whakapapa who nevertheless belongs to Aotearoa under Te Tiriti o Waitangi.

I am by no means a fluent te reo speaker but I'm grateful for the learning opportunities I've received. Te reo Māori is now a part of my life: ake ake ake: a forever language.

Ngā manaakitanga,

Susan



News from Lisa

Greetings to you all –

I have a couple of interesting things in the pipeline so watch this space, or the weekly flyer for more details!!

Have a lovely October!

Lisa



SPRING HAS SPRUNG

It's time to starting thinking about cleaning all your winter woollies and bedding before storing away for the warmer months.

Valet Drycleaners can assist with this and offer a free pickup and delivery service on a Tuesday and Thursday.

Call Jason or Wendy on 07 8476492 to arrange a pickup.

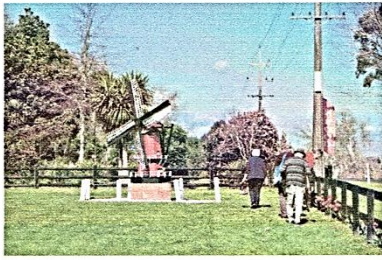
For those people with Low Vision

If you would find it helpful to have a copy of the calendar at the back of the Vista every month, in larger print, please talk to Lisa.



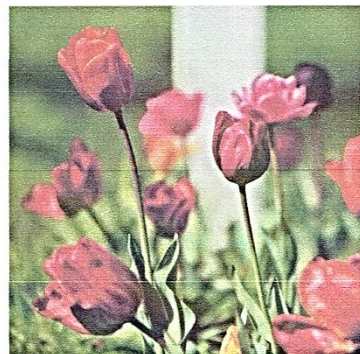
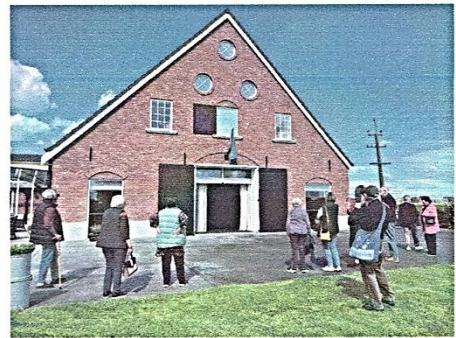
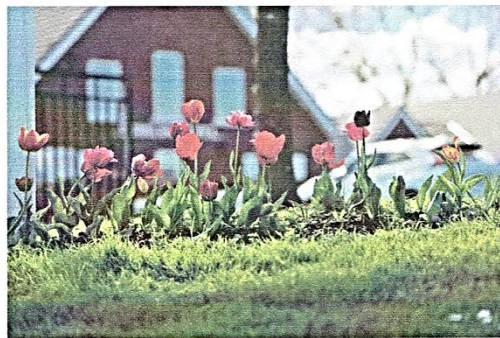
Caroline Eve Fashion Parade





ZENDERS

est. 2018



News from the Residents' Committee

The Residents Committee have held two very successful events during September. Firstly, we had the Fashion Parade where Caroline Eve from Chartwell were happy to have their clothes highlighted. Thank you, Caroline Eve. Also, to our models and helpers in the back room. Without your courage to parade in front of people the parade wouldn't have been the success that it was.



Then we had the wonderful Jazz concert. Thank you to the wonderful musicians who put on a very entertaining event. Thank you Lynn Dring for all her organization and for the effort you put into the black and white theme in decorating the Community Centre.

At the Happy Hour in September, we invited residents to donate nonperishable food items which will be given to the Food Bank. In October's Happy Hour we invite residents to donate toys for Kids in Need for their Christmas packs.

I have had people asking what they should do in case of an emergency. I encourage you to read the Tamahere Retirement Village Manual which is the green folder that each Villa is given, and familiarise yourself with the contents. Also, if you have an emergency or something in your Villa happens, like for example as happened recently after Maintenance had left for the day, the door handle into the bathroom broke and the residents couldn't get in, please press your emergency pendant and the nurse on duty in the rest home will get in touch with Maintenance to get it fixed for you.

At our Committee meeting early in September, Wayne informed us that hot drinks are now available in the library for after café hours. Milk sachets / tea / coffee.

Dates for your diaries:

Our next Quiz night is on **9 October** at 4.00 pm. You are welcome to bring your own refreshments for the evening. It would be appreciated if you would bring along your own glasses etc.

Diwali is celebrated on **7th November**.

On the **5th December** we are going to hold a Morning Market in the Community Centre. Is it time for you to sell off some of your own possessions or craft work and make a bit of money for Christmas? All residents of Tamahere Eventide and Assisi are welcome to have a table on this day. Please contact Carol to book your spot. vchancock4@gmail.com

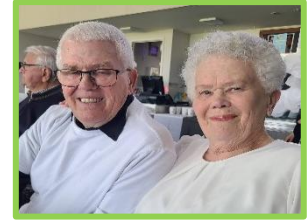
Happy Hour in December will be held on the **17 December** and again in January on the **4th Thursday** of the month.

On the 24 and 31 January 2027 and 7 and 14 February we are planning on having bbq nights.

Carol Hancock



A Jazz Afternoon at Tamahere



A Visit from the Living Waters Church Youth Group

On Saturday 12 September 2026, once again, we spent a rewarding afternoon with the Living Waters Church Youth Group.

Table games played were Rummikub, Uno and Chess which all enjoyed. Another activity was Indoor Bowls, organised and carefully supervised by a Resident. This proved to be very popular with both young and old.

Residents who came along for the first time, thoroughly enjoyed the encounter with these courteous and considerate young folk. I hope they join us next time.

Our thanks go to Judy, the Living Waters Church Youth Group Leader and her team who, in spite of their busy schedules, are prepared to spend time with us. Their enthusiasm and encouragement always create an enjoyable atmosphere.



Diana Visser

From our Property Manager

Dear Residents

We are currently having problems with the flushing of non-compatible products into our sewer chambers.

Please only flush toilet paper down the system and please also advise any support workers you may have assisting you of these requirements.

Specifically do not flush the following products down the toilet as they cause major problems to the pumps on site.

- Wet wipes
- Baby wipes
- Incontinent pads
- Disposable gloves.

These are the same regulations that Hamilton City residents are asked to adhere to.

Kind regards

Andrew Mainey

Property Manager



The Cracked Pot

An elderly Chinese woman had two large pots, each hung on the ends of a pole which she carried across her neck. One of the pots had a crack in it while the other pot was perfect and always delivered a full portion of water. At the end of a long walk from the stream to her house, the cracked pot arrived only half full.

For a full two years this went on daily, with the woman bringing home only one and a half pots of water. Of course, the perfect pot was proud of its accomplishments. But the poor cracked pot was ashamed of its own imperfection, and miserable that it could only do half of what it had been made to do. After two years of what it perceived to be bitter failure, it spoke to the woman one day by the stream.

“I am ashamed of myself, because this crack in my side causes water to leak out all the way back to your house.”

The old woman smiled, “Did you notice that there are flowers on your side of the path, but not on the other side? That’s because I have always known about your flaw, so I planted flower seeds on your side of the path, and every day while we walk back, you water them. For two years I have been able to pick these beautiful flowers to decorate the table. Without you being just the way you are, there would not be this beauty to grace the house.”

Each of us has our own unique flaw. But it’s the cracks and flaws we each have that make our lives interesting and rewarding. You’ve just got to take each person for what they are and look for the good in them.

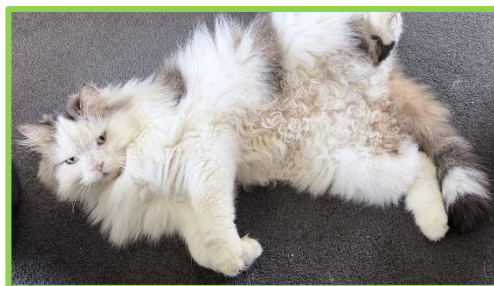
To all my crackpot friends – remember to smell the flowers on your side of the path.

(Thankyou to Margaret Blair for this).



Missing cat Pedro reunited with Waikato family after three and a half years

Pedro has been reunited with his family after three and a half years. A beloved family cat in Hamilton, believed to be lost (or worse), has made it back home safe and sound after more than three years. Pedro, a 5-year-old ragdoll-cross, went missing in 2023 and his family searched for him for months.



After he was reunited with his family this week, happy and healthy, Pedro's mum, Angela, who didn't want to give her surname, set out to piece together his journey with the help of social media. Through responses to her post, she discovered Pedro hadn't been far: He has been living just 1km from home, along a route Angela searched countless times.

Angela told the Waikato Herald that Pedro had been living at Atawhai Assisi Home in Matangi for about 18 months and was being cared for by an elderly couple, Bryan and his wife. The couple's daughter reached out to Angela, saying Pedro had been living in the retirement village villa before her parents moved in and people believed he belonged to a former resident who had died. Angela and her family had Pedro as a kitten, and he was just 2 when he went missing. The couple's daughter said Pedro was a sweet boy who "served as a companion" when her mum's health worsened.

"So even when [he was] lost and confused, Pedro found a purpose." Bryan, 88, said he and his wife loved their time with Pedro. "We really enjoyed looking after the cat ... he was just our cat."

His daughter said Pedro was looked after and she regularly brought her parents cat food and gave Pedro flea treatment in summer. When Bryan and his wife moved to a different facility this year, their daughter planned to take Pedro to the SPCA. However, she said the rest home asked her not to, as another resident wanted to adopt him. Bryan said that was the last time they heard of Pedro. "We left food behind for him."

On Saturday evening, Pedro turned up on Glenview Rd, about 20 minutes from Assisi.

Glenview local Dillan-lee, who didn't want to give her surname, said she found a "fluffy cat", which turned out to be Pedro, at her sliding door. Dillan-lee said she gave him water and biscuits before heading out.

"He literally drank the water within seconds ... he was starving," she said. When she returned home four hours later, the cat was still there, so she let him stay for the weekend. Dillan-lee said the cat quickly became "quite clingy and cuddly".

When the cat was still around her home on Monday, she took him to the vet for a microchip scan.

There, she discovered his name was Pedro and that he had been missing. "They said he's from Tamahere, and I thought, 'That's a long way for a cat'," Dillan-lee said. She said she found Angela on Facebook and was proud to have helped her reunite with Pedro. "Everything happens for a reason ... we're glad he came to our house and not someone that could've kidnapped him," Dillan-lee said. "I'm so glad he's back home, and hopefully he never runs away again."



Pedro, as a kitten. He was just 2 when he went missing

Angela and her family "screamed in disbelief" when Pedro was found. They adopted him as a kitten, and he was just 2 years old when he disappeared. Angela said the first week after Pedro went missing was difficult. She says Pedro is back home and happy and healthy. "I remember there was torrential downpour every day and night," she said. "I kept imagining he was alive, but alone, cold, and very scared. My kids were devastated."

When reviewing CCTV footage, Angela initially thought Pedro had crawled into their van from underneath and ended up on a road trip, before she saw him sprinting away from a leaf blower. The family searched for months, driving around the area, posting on social media, and putting posters in letterboxes. But Angela never left posters at Assisi, and she said it made sense now why it wasn't discovered that Pedro had a home for so long, as elderly people don't often have cars or social media.

Angela said she wasn't upset that Bryan and his wife didn't check his microchip. "I'm actually so grateful to them, and it makes me happy knowing he was in a way a therapy cat." She said Dillan-lee was her "hero. I'm just so lucky that out of all the houses in Glenview, he went there, because I don't think he could've had better treatment than that."

Angela is now keeping Pedro indoors for six weeks, and plans to attach an AirTag to his collar. She hopes this story will give others hope. "I would've never thought he would survive three and a half years. If he can survive, I'd be surprised how many others could too."

(Reproduced from NZ Herald)

I recently came across a Yorkshire Dictionary – clearly different to the familiar Oxford English Dictionary.

It lists some interesting definitions of familiar medical terms!

Medical Term	Yorkshire Definition
Artery	The study of paintings
Benign	What you be, after you be eight
Cat Scan	Searching for Kitty
Cauterize	Made eye contact with her
Colic	A sheep dog
Dilate	To live long
Enema	Not a friend'
Fester	Quicker than someone else
Fibula	A small lie
Impotent	Distinguished, well known
Labour pain	Getting hurt at work
Medical Staff	A Doctor's cane
Nitrates	Rates of pay for working at night
Post Operative	A letter carrier
Terminal illness	Getting sick at the airport

A Common Complaint

Just a line to say I'm living
That I'm not among the dead
Though I'm getting more forgetful
And quite mixed up in my head.

I've got used to my arthritis
To my dementia I'm resigned
I can manage my bifocals
But, Oh God, I miss my mind.

For at times I can't remember
When I stand with foot on stair
If I must go up for something
Or have I just come down from there.

And before the fridge, so often
My poor mind is filled with doubt,
Have I just put food away, or
Have I come to take it out!

If it is my turn to write to you
There's no need your getting sore
I may think that I have written
To you just the week before.

Here I stand before the mailbox
And my face is getting red –
Instead of posting you my letter
I have opened it instead!

- From Wendy Fairweather

Hamilton East Rotary Club Update

Meetings

Two meetings are scheduled for October. These are to be held on Wednesday 7th October and 21st October. Both will be held in the Village Café commencing at 6.15 p.m. Any resident wishing to come for the whole meeting, which includes participating in a roast dinner and hearing the guest speaker is welcome. Anyone wishing to do so needs to contact the club contact (contact details below) no later than the Sunday prior to the meeting week.

Guest Speakers

Residents are welcome to attend the speaker part of the meeting only. No need to advise in advance of your attendance. Simply come to the café just after 7 p.m.

At the 7th October meeting, the guest speaker is Paula Baker. Paula is Chair of the Braemar Hospital Charitable Trust and is a recent recipient of a Winston Churchill fellowship.

Gary Connolly who is Chief Financial Officer for the Hamilton City Council will our guest speaker at the 21st October meeting.

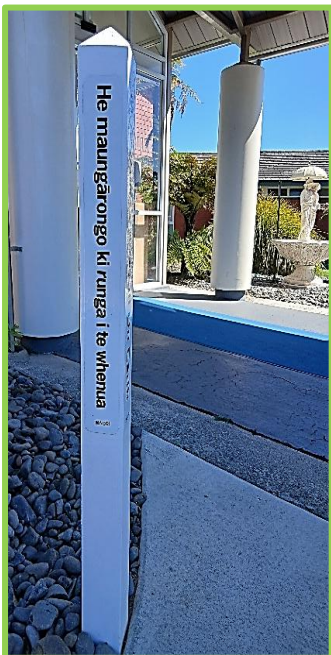
Other Activity

Our major fundraising activity for the year is being held on Friday, 16th October in the Link Centre in TeAroha Street, Hamilton. The major recipient of funds raised will again be “Kids in Need”. It will be an evening of much fun and nice food, with the main activity being equalizer betting on old, recorded, UK race meetings. If any resident wants more details and is interested in attending, contact club contact.

Club contact

Ian - Phone – 0210728940 Email – hookian10@gmail.com

Peace Pole



A Peace Pole now stands in the garden by the entrance to Eventide Rest Home and Chapel.

On each of the four sides is the message “May peace prevail on Earth” in a different language. This peace pole, one of thousands that are scattered around the globe, bears the message of peace in Chinese, Māori, Spanish and English. Another peace pole at Waikato University Chapel carries the same message in Japanese, English, Māori and French. A third peace pole is planted in the roadside garden of St George’s Church, Greerton, Tauranga. The languages on this peace pole are Korean, Indian, Māori and English, representing the communities that meet in that church.

Our pole was first planted by Tauranga Quakers in a garden in Greerton. When the owners sold the house to move to Eventide, they brought the pole, unwanted by the new owner, to Eventide.

Thanks to the help of Chaplain Susan and Staff, Geoff and Terry, the pole now has a new home: a reminder of the need for peace in this troubled world of ours.

MAY PEACE PREVAIL ON EARTH.

- Gray Southon, Joy Rising and Mary Rose (Quakers)

A Journey into the Wonderful World of Single Malt Whiskies

In the sunsets of our lives, it's nice to have time. Time to slow down and explore new things. Time to travel and discover places we never seemed to find time for in our working lives. Last year Gill and I had the trip of a lifetime to the UK and Europe. What started as a request from my father to take his and my mother's ashes back to Ludlow in the UK became a wonderful special trip. As part of our trip, we went to Scotland and to the Isle of Islay where some of Dad's - and my - favourite single malts come from. Ever since he had introduced me to single malts as a young man many years ago, we had often talked about one day visiting the distilleries on Islay.

I booked the Warehouse and Stillhouse Tasting Tour at the Ardbeg distillery, one of Dad's favourite distilleries. This starts in the warehouse in amongst rows and rows of casks that are quietly maturing and aging in their ranks, some for years. These warehouses are huge, and by the sea to help keep their temperature consistent and cool and they smell of oak and sea salt, a little musty, cool and damp with a hint of whisky in the air. What the Scots call "the angels share" to keep the angels happy.

Four casks were selected and waiting for us. Our host gave us each a tasting glass. After introducing us to the first single malt she knocked the bung out and put in the valinch (a long-shaped copper tube) and filled our glasses with pure single malt whisky. We tried four casks -- all made from the same simple ingredients; malted barley, water, peat and yeast then put in oak casks and left for a time. But they are not just left on their own. From time to time under the watchful eye of the Master Distiller, they will be tasted and assessed. He or she might decide a whisky needs more influence from the oak and move it for example, from a Bourbon cask into a Sherry cask or a Quarter cask. Even though all single malts start out the same way, how much different casks can add to the whisky and the skill of the Master Distiller in being able to decide which whisky should go in which cask is fascinating to me.



I wanted to take this tour to try single malts as pure and authentic as they can be; cask strength, not filtered, diluted or blended in any way, not touched by anyone, apart from maybe changing casks! Single malts in their purest form as honest they can be. Even now as I am writing this, in my mind I can still smell the warehouse, the woody oak, the sea salt air and the cool damp mustiness and the hint of whisky in the air.

After the warehouse we went to the stillhouse where you taste the spirit, the middle cut, straight from the stills before it goes into casks. I thought it would be harsh and burning but it was surprisingly pleasant, tasting like coconut and lime. It was strong and almost clear but pleasant.

The whole morning was a wonderful magical experience that I would happily do all over again.

As you may know over the last few weeks, we have been running a few promotions titled A Journey into the Wonderful World of Single Malts in the weekly newsletters, leading up to this Vista article. Our tasting experience is on Saturday evening 31st October from 6 – 9pm in the Community Centre. You are warmly invited to join us. Our host Sunny will introduce and guide us through six carefully selected single malt whiskies. Then, afterwards enjoy a dram, fellowship and a conversation with Sir David Moxon.

Numbers limited to around 20, the cost is \$65.00 per person, platters will be provided.

Contact Quentin 027 388 0725, Villa 84, quentinlukey1@gmail.com or book with Billie at the Café.

- **Quentin Lukey Villa 84**

Desktops vs Laptops

Should you buy a desktop or a laptop computer? The answer is complex and nuanced, but sometimes obvious. The obvious part is, do I want to move my computer around? Do I want to use it in multiple rooms, or on vacation? If so, buy a laptop. Done. But there are issues with laptops; they burn out faster, are more easily damaged and much harder to repair. Let's go into each of those in detail. Why do they burn out faster?

Well, imagine you're cramped in a small room without any ventilation. You're going to get hot, yes? That's the situation with every component of every laptop: there's little-to-no room for air to circulate, hence components tend to heat up much more quickly and cool down more slowly. Over time the heat-expansion/cold-contraction cycle of electronic hardware leads to micro-fissures in circuitry, and once those fissures get wide enough your computer will start flaking out. This is why older computers can sometimes show signs of instability at hotter or colder times of year. Of course, this happens for desktop computers as well, but with laptops the heat/cold difference is more extreme, so components wear out faster. Hardware manufacturers compensate for this by building devices for laptops which use less power, often at the expense of performance. So laptops will almost always run slower than their desktop counterparts.

Then again; some desktop hardware manufacturers do this as well. Name brands like HP, Compaq and Dell often build desktop computers with lower-power, lower-performance components so that they can put in the cheapest, lowest-wattage power supplies available. This can be beneficial in office environments where you don't want to be chewing through too much power, but after 3-4 years capacitors in power supplies often fail to supply the minimum power necessary to run the computer.

Now, why are laptops more easily damaged? Well you drop them, right? You step on them, they fall off the bed, the sofa, or the whoopie cushion you precariously balanced it on because you thought it would be hilarious when someone tried to type on it... you get the picture. But they also have weaker power supplies, so power spikes get through more easily and can damage hardware. Then again: desktop computers have no batteries, so they're more vulnerable to blackouts and brownouts than laptops.

You can regulate the power coming into the desktop computer by buying a UPS (uninterruptible power supply – essentially an external battery), but that's another 70-200 dollars out of your purchase budget. Worth it though, in terms of increasing the lifespan of a computer, particularly if you live out in the country where power problems are more frequent. These also protect against power spikes and surges.

Lastly, why are laptops harder to repair? Hard drives and memory (the two components most likely to fail in a computer) are easily replaceable, in most desktops and laptops. But everything else in a laptop is much harder to fix or replace than in a desktop computer: motherboards, screens, keyboards, touchpads, wireless devices, CMOS batteries, CPU thermal grease and power units. Many components for laptops are custom-made for that particular model, so whereas you might spend \$50 on a replacement motherboard for a desktop, you're more likely to spend \$150 on a replacement for a laptop model, if you can find one.

So to summarise: laptops are more expensive, slower, harder to repair, more likely to fail, and more expensive to fix. Desktops are faster, less expensive and easier to fix, promote better user posture, but get affected by power failure more easily. So if you to go places with your computer, get a laptop (or a tablet). Otherwise buy a non-name-brand desktop computer and maybe a UPS to go with it.

Too many options? Contact Matt at 0211348576 or info@computersupport.nz \$80 per hour, or \$70 for drop-off-to-workshop services.



Bentley Home PC Support

What's Going On?

Recently I asked a friend to come along and take a look at HAMILTON EAST - it turned out to be a busy and interesting place.



Hamilton East is one of the oldest suburbs in Hamilton. However, before European arrival the wider area was home to several Maori villages, primarily belonging to the Ngati Wairere hapu of Waikato-Tainui. The Militia Landing In 1864 landed on the Eastern Banks of the Waikato River and Hamilton West and Hamilton East were therefore divided by the river. The two areas were two entirely separate towns. As Hamilton expanded, Hamilton East became famous for its diverse, enduring architecture.

Today Ham East maintains a distinct "village feel." There are many places to eat out or take coffee breaks. I counted five different hamburger cafes, plus Indian and Turkish cuisine, four opportunity shops, Duck Island Ice Cream Cafe and one amazing Books for Kids. The MADE complex offers several eateries and shops.

Many Hamiltonians will remember THE COOK on Cook Street, which has been refurbished. The newly opened HENLEYS BAR & KITCHEN is at No. One Cook Street and here it would be wise to book (07 464 1325). You will find Henleys at the River end of Cook Street. Unfortunately finding a park can be a bit of a challenge but I did find a two hour free park on Cook Street.

HAYES COMMON is a popular neighbourhood eatery located at 33 Jellicoe Drive. Open Wednesday to Sunday 8.30 - 3.30 - Close to the River Walk and always busy.

GOTHENBURG Restaurant, Events and Conference Centre:

This restaurant is in a lovely setting. You have a table overlooking the river or surrounded by trees. The service is just perfect as is the food. This is a place for a special occasion and can be found at 17 Grantham Street - please book 834 3562. You will find a couple of disability parks on Grantham St.

THE CLEMENTS HOTEL - 64 Duke Street, Cambridge.

High Tea Sundays - 2pm - 5pm - Indulge in an afternoon tea with sandwiches, scones, pastries, in pleasant surroundings. (Bookings required at least two days in advance) - Ph 974 9050

HAMILTON GARDENS - Has a busy Cafe and a lovely place to take visitors or local friends.

Way back in 1978, Hamilton landscape architect Dr. Peter Sergel started sketching a pretty wild idea. Peter imagined 30 different gardens that, together, would tell the story of humanity across 5,000 years. Nearly 50 years later, we're still watching that vision come to life right here in Hamilton. Peter's idea became the Hamilton Gardens we know today. On 24th September the Medieval Garden (number 19) was officially opened to the public after five years in construction. You might notice the large signs if you are driving past the entrance to the Gardens - 'LOOKING AT THE VERY OLD AND THE VERY NEW.' We are fortunate to have such a wonderful (internationally known) facility on our doorstep. However, I was disappointed to discover that living in Tamahere does not qualify us for Free Admission. Admission is free if you pay rates to Hamilton City Council. It is still a great way to spend a sunny afternoon but it will cost \$20.00.

HAMILTON STREET ART - Back in 2015 Paul Bradley and Charlotte Isaac set out to bring Hamilton's creativity out from behind closed doors - and on to some very big walls. It started with 11 artists, 10 walls and one weekend. Today more than 100 murals can be viewed all around the city. They're down alleyways, across courtyards, tucked around corners, and covering entire buildings. They could be one of Hamilton's most underrated features. "Boon" means a blessing, favour, or

something helpful that improves your quality of life. The murals are a Boon to our city. The walking tours are a 1.5 hour walk through Hamilton's city centre. You quickly realise that there is a lot more to painting a giant wall than turning up with a spray can. How many have you noticed? - "BOON" Street Art Tours, Saturday mornings @ Love Bites Tours - \$10.00 - Coffee & Pastry.

WAIKATO HOME AND GARDEN SHOW; - Claudelands Event Centre - 1st - 4th October - open from 10am - 5pm - Sunday closes at 4pm.

WAIKATO MUSEUM & GALLERY; Art lovers have the chance to explore five decades of work by one of New Zealand's most celebrated artists. A major Dame Robin White exhibition is showcased at Te Whare Taonga o Waikato. Together the exhibitions feature more than 50 works and offer an unparalleled opportunity to experience the breadth of White's Career. The free exhibitions run at the Museum until November 11th.

GALLAGHER ACADEMY OF PERFORMING ARTS; A quick check on a variety of concerts, lectures & recitals.

- Saturday 3rd Oct (5.45pm) Frank Sargeson Memorial Lecture featuring acclaimed poet Tusiata Avia
- Tuesday 6th Oct (5.30pm) University of Waikato Professional Lecture
- Wednesday 7th Oct (1pm) Lunchtime recital - Student Choir & Chamber Groups
- Friday 9th Oct (7pm) The Caretakers Guide to the Orchestra
- Sunday 11th Oct (2pm) Voices in Bloom hosted by the Greater Auckland Chorus
- Wednesday 14th Oct (1pm) Lunchtime Recital - Staff in Spotlight -
- Saturday 31st Oct (7pm) New Zealand String Quartet presents: Legend as part of their Storytellers Season

MYSTERY CREEK EVENTS CENTRE; MEGALAND 7th to 11th October.

LOCAL MARKETS;

- ST. ANDREWS CRAFT FAIR - CAMBRIDGE: Labour Day Monday 26th October 9am - 2pm - 100 Craft Stalls, Food Vendors and more. A popular Annual Fair, not to be missed.
- MORRINSVILLE COUNTRY MARKET - The best little Market in the Waikato - according to their advert - 8.30 - 12.30 on the 1st Saturday each month (3rd October) - located on Canada St by the Council/Library. Come along and check it out.
- CAMBRIDGE LIONS TRASH 'N' TREASURE - every 2nd Sunday of the month held at Cambridge Memorial Park (Rugby Ground) 8.30am to 1pm
- CAMBRIDGE FARMER'S MARKET - held in Victoria Square every Saturday - 8am - 12pm
- HAMILTON FARMER'S MARKET - held every Sunday - Gate 3 Brooklyn Rd, Claudelands - 8.30 - 12pm
- HAMILTON COLLECTIBLES MARKET; Saturday 24th Oct - at Claudelands Event Centre -
- TAMAHERE COUNTRY MARKET - held at St, Stephen's Church every 3rd Saturday 8.30 - 1pm

Thursday 1st October - NATIONAL DAY OF CHINA

Monday 5th October - NEW ZEALAND LABOUR DAY

Monday 12th October - NATIONAL DAY OF SPAIN

Coming up at BNZ THEATRE -

- NOVEMBER 7th - Musical CATS
- NOVEMBER 27th - RNZ BALLET - Sleeping Beauty
- JANUARY 24th - Sir Dave Dobbyn
- MARCH - Soweto Gospel Choir

Pauline Eastwood – Villa 58

NEWS FROM VILLAGE GROUPS

The Book Club

All those who are interested in reading books, and learning of the wide range of books read by other residents, are most welcome at the monthly meeting of the Village Book Club. They meet at **3.30pm on the first Monday of each month** in the small Lounge in the Community Centre. Their next meeting is Monday 5th October.



One of the books read by members of our group this month is:

Helen – Brian Edwards (Mary-Rose)

Brian Edwards wrote this biography of Helen Clark when she was only two years into her nine-year term as Prime Minister of New Zealand. Edwards, a well known radio personality and academic of the 80's and 90's wrote a fascinating account of Clark's life, beginning with brief accounts of her migrant ancestors. Then came a happy family life on a farm in remote Te Pahu, a miserable time at a city boarding school, followed by productive years at university where her potential was recognized and her political ambition nurtured.

The Clark Family were committed National supporters. Confrontations between George Clark and his emerging Labourite daughter were intense. Brian Edwards interviewed several members of the Clark Family and wrote about how this conflict played out in their Te Pahu home. A difficult time. He also, with the help of many of Helen's friends and family wrote about her friendships, romance, family relationships and the way many of these supported and encouraged her political aspirations.

Helen Clark had a long political apprenticeship before she was eventually elected Prime Minister of the Fifth Labour Government in 1999. The author interviewed many of her political associates and used their observations and experiences to describe how Helen Clark navigated the challenges of her 'apprenticeship' to prepare for the opportunities and responsibilities of the highest office. He wrote about how she managed the power of her position and also how those close to her experienced her as a kind, generous and compassionate person.

I respect the way this account of Helen Clark's life presented many different aspects of her personality, achievements and failings, as well as portraying some of the workings of our political system as it was twenty five years ago. I recommend it to anyone who has the slightest interest in the life and work of our politicians.

There is a copy of "Helen" in the Village Library.

Petanque

This is an enjoyable activity every Saturday morning at 10am, weather permitting. You will find us at the end of Tidd Lane on the edge of the gully.



We play an easy sociable game for one hour and all residents are welcome to join us. If you have never played Petanque, we can help you to learn.

Pauline Eastwood – Villa 58

Pool

We meet on Mondays at 1pm in the Café. New people are always welcome – we are a friendly bunch. If you haven't played for a while, dig out those old skills – if you are new to the game, we are happy to teach you. Come and join us.

Tamahere Global Village

Global Village will be on the 7th and 21st of October, Wednesday, 4pm in the lower Harakeke Lounge.

After reviewing recent international developments, we will be discussing relevant topics, such as "how we ensure security", and perhaps "Artificial Intelligence".

Check each weekly announcement.

Enquiries - Gray Southon, email gray@southon.net - Ph 0211 020 977

Games Afternoons

You will find residents in the Community Centre every Monday and Friday starting at 1pm.

Just now we have up to three tables of players enjoying RUMMIKUB. As of last week, another game is being explored and this game is TRIOMINOS. But if you have a game you enjoy playing, bring it along and maybe another resident will join you.

All are welcome to come and join us, come to watch, or come to 'give it a go' - We are happy to show you how to play.

Pauline Eastwood – Villa 58

Bowls Report

Still a lot of not much going on with bowls; we have played mostly Indoors over the winter months, and seem to muster 8-10 players. A lot of fun had by all. We moved outside for the first time in the middle of September, and had everyone complaining about the heat on a beautiful sunny day. Definitely need a sun hat!

Our plan is for everyone to come along for exercise and social companionship, spare bowls are available, and you need not to have played beforehand - there's always someone who can tell you what to do. We have coffee and a muffin in the Cafe afterwards, at your own expense.

Indoor Bowls has continued through the winter months; 7pm on a Monday Evening, usually back home by 8.30pm. We have two mats, but usually only lay one and play 5-aside, leading to much hilarity and sometimes a big score. Everyone is welcome to join us.

Beth Richards
Bowls Communicator

Knit and Natter Group

We meet in the Lower Harakeke Lounge on Friday mornings at 10am for a cuppa, chat and to share our creations.

Pop in for a visit or join us – we're friendly!

Helen Painting ph 854 7662

Ukulele Sing-a-long Group

The Ukulele group are an enthusiastic little group who meet in the downstairs Harakeke lounge on Thursday afternoons at 2 pm, (but not the last Thursday of the month), to sing and make music together. We welcome anyone to pop in to our sessions. It gives us pleasure to be able to play for the Rest Home and Day Programme for their entertainment.



Ngaire, v 102, has kindly donated a ukulele to the village group; if anyone would like to try to learn it before they buy one, please feel free – just give Keith or Janice a call, or if you prefer, just stop by one of our Thursday afternoon gatherings and have a go.

Contact Keith or Janice, Villa 10, or ph. Keith 021 255 1653., Janice 021 262 4469

Movies for October

Movies are shown in the Community Centre - on Fridays 4pm.



2nd October - Our Souls at Night 1:43

Fifty years after Barefoot in the Park, Jane Fonda and Robert Redford reunite onscreen in this romantic drama, based on Kent Haruf's novel. They play neighbours, a widow and a widower, who scheme to combat their mutual loneliness: They begin spending nights together, platonically, so neither has to sleep alone. Though their loved ones may not understand, the arrangement works, and they find not just some company in each other but also true friendship — which begins to develop into something more.

16th October - The Last Laugh 1:38

This buddy comedy is proof that humour doesn't lose its edge with age. Chevy Chase plays Al Hart, a former talent manager who moves into a retirement village at his family's urging. Richard Dreyfuss is Buddy Green, a former stand-up comic (and client of Al's) who abandoned his dream right on the verge of hitting it big — and whom Al rediscovers in his new community. Inspired by their surprise reunion, Al concocts a scheme for the two of them to hit the road for one final comedy tour.

Library News

Waikato District Library books will be swapped towards the end of October. All WDL books will be due back ready for a lovely new selection for you to enjoy. Please watch the weekly flyers for the date nearer the time.

Meanwhile make the most of the Tamahere collection which have no due date. There are some great books in the Tamahere Biographies, Fiction and Non-Fiction collections.

Jenny V98 & Gill V84
Librarians



*This rather special photograph is of two Sisters of the Missions Sr Mary-Ellen and Sr Colleen – now both residents at the Hospital at Atawhai Assisi – meeting each other and realising that they are neighbours!
They look very happy, don't they!!*

Some really archaic words (with their meanings!)

Pernoctation	Staying awake at night
Selcouth	Strange, unusual, or marvellous
Faineant	Lazy, idle, or ineffectual
Nefandous	Too horrible to be spoken of
Sussurur	A whispering or rustling sound
Commination	A threat of divine punishment
Hoyden	A boisterous, rude girl
Dandiprat	A young or insignificant person
Jobation	A long, tedious scolding
Thalassic	Of or relating to the sea
Vituperate	To blame or insult someone
Purlieu	The area near a place; outskirts
Fugacious	Fleeting, transient, lasting only a short time
Crwth	An ancient Celtic instrument
Obeisance	Defferential respect; a bow

Perhaps we could try using one of these in a conversation this week!!!

Our Rehabilitation Corner

Are you looking for a risk-free anti-pain treatment? Maybe you also want a way to reduce pain, stiffness and inflammation from arthritis or other conditions without any side effects? How about a foolproof method for losing weight and staying fit that doesn't cost a dime? A walking workout does it all. Walking for 30 to 60 minutes every day can bring you all sorts of health benefits, from keeping your heart in good shape to making sure your bones stay strong. Using smart strategies like the FIT formula will help you start or keep a walking routine on track. But don't worry, you can slowly build up to that amount and you don't have to walk for 30 to 60 minutes all at once. Breaking it up into three to six 10-minute walks counts, too.

Walking Routine Considerations

Walking is one of the most important things you can do if you have arthritis. It helps you lose weight or maintain the proper weight. That, in turn, lessens stress on joints and improves arthritis symptoms. Walking is simple, free and almost everyone can do it.

How far and fast should you be walking? Well, any amount is better than none. And as always, it's best to check with your doctor or physical therapist before starting a walking workout plan.



The FIT Formula for Walking

When you walk, think about the FIT formula – Frequency (how often), Intensity (how fast) and Time (how long). When you walk or start any new physical activity, start at a low level and increase slowly over time. Trying to do too much too fast can lead to injuries that set you back instead of moving you forward. When you're ready to increase your activity, change just one part of the FIT formula at a time.

- **Frequency:** Go for a walk every day, if you can, but make sure you walk at least three to five times per week. If you're just starting out and can only tolerate a five-minute walk, then start by walking just five minutes a day two or three days per week.
- **Intensity:** Aim for moderate intensity – covering two to three miles in an hour – but don't worry if you can't do that right out of the door. Build up to walking success. Your heart and breathing rate should be faster, but you should still be able carry on a conversation as you walk.
- **Time:** Shoot for 30 minutes to an hour a day as your goal. If you're just starting out, even five-minute walks three times a day will help you build strong bones and muscles, be more limber, and have less pain. Gradually increase your time until you reach your goal.

Counting Steps While Walking

Counting steps also can be a great way to make walking part of your everyday routine. Aim for 6,000 steps per day, and keep in mind most of us already walk 3,000 to 5,000 steps per day just doing our normal activities. Remember, it's OK to slowly build up the number of steps you take.

*Prepared by: Rosalyn Pelaez
Allied Health Coordinator – Tamahere Eventide
Source: Arthritis Foundation*



It's Puzzle Time

A different type of quiz this month!! At least the answers are given – you just need to choose the right one! The answers are on page 25.



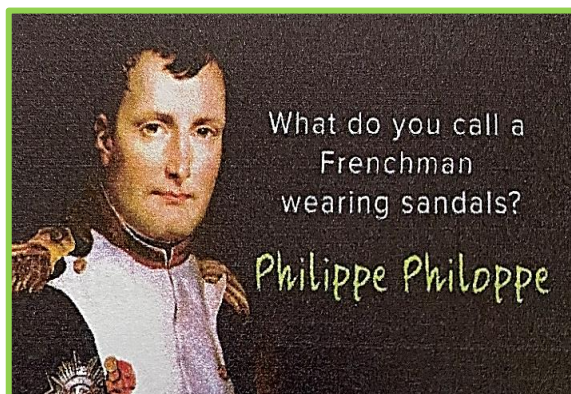
- | | |
|---|--|
| 1 Opened in 1914 to connect the Atlantic and Pacific Oceans, the Panama Canal was a monumental engineering feat. Which country originally began construction on the canal in the 1880s before abandoning the project due to disease and financial ruin? | A) Great Britain
B) France
C) Spain
D) Germany |
| 2 Excluding Antarctica, which country contains the largest number of active volcanoes in the world, stretching across thousands of islands? | A) Japan
B) Chile
C) Indonesia
D) The Philippines |
| 3 In ocean liner history, the <i>RMS Titanic</i> famously struck an iceberg and sank in April 1912. What was the exact name of the sister ship that survived service as a troop carrier and hospital ship before being struck by a naval mine in 1916? | A) The <i>RMS Olympic</i>
B) The <i>HMHS Britannic</i>
C) The <i>RMS Lusitania</i>
D) The <i>SS Nomadic</i> |
| 4 Which landlocked European country is bordered by four other nations—Austria, Germany, Italy, and Switzerland—and is one of the world's only double-landlocked countries? | A) Luxembourg
B) Andorra
C) Liechtenstein
D) San Marino |
| 5 In what exact year did the Berlin Wall officially open, allowing citizens to freely cross between East and West Berlin months before its physical demolition began? | A) 1987
B) 1989
C) 1991
D) 1993 |
| 6 Measuring over 2,000 kilometres long, the Great Barrier Reef is famously visible from space. Off the coast of which Australian state is it primarily located? | A) New South Wales
B) Western Australia
C) Queensland
D) Victoria |
| 7 In global navigation, what is the official name of the imaginary line that marks zero degrees longitude, passing directly through the Royal Observatory in Greenwich, England? | A) The Tropic of Cancer
B) The Prime Meridian
C) The Equator
D) The International Date Line |
| 8 Which classical composer famously continued to compose masterpieces—including his Ninth Symphony—even after losing almost all of his hearing? | A) Wolfgang Amadeus Mozart
B) Johann Sebastian Bach
C) Ludwig van Beethoven
D) Johannes Brahms |

Our Chuckle Corner

I was working in my downtown flower shop, when I noticed a man grab a bouquet and head for the door without paying. By the time I got to the door, he was halfway down the block. As I ran after him, I heard a woman across the street yell, "Run, Florist, Run!"

A blonde was playing Trivial Pursuit one night. When it was her turn, she rolled the dice and she landed on "Science & Nature". Her question was, "If you are in a vacuum and someone calls your name, can you hear it? She thought for some time and then asked, "Is it on or off?"

Everyone was seated around the table as the food was being served. When little Logan received his plate, he started eating right away. "Logan, wait until we say our prayer," his mother reminded him. "I don't have to," the little boy replied. "Of course you do," his mother insisted, "we say a prayer before eating at our house." "That's at our house," Logan explained, "but this is Grandma's house and she knows how to cook."



Two 82-year-old friends are chatting over tea. One says, "My wife and I went to this wonderful new restaurant last night. The ambiance was lovely, the lighting was soft, and the food was incredible. You should really try it."

His friend nods thoughtfully and asks, "What was the name of the restaurant?"

The first man pauses, stares into his teacup, furrows his brow, and finally asks, "What is the name of that red flower with the thorns that people give on Valentine's Day?"

His friend replies, "A rose?"

The man turns around and yells into the kitchen, "Rose! What was the name of that restaurant we went to last night?"

Did you know?



Line dancing was started by women waiting to use the bathroom.

Wife texts husband on a cold winter morning: "Windows frozen, won't open." Husband texts back: "Gently pour some lukewarm water over it and then gently tap edges with hammer." Wife texts back 10 minutes later: "Computer really messed up now."

An officer pulls over an 86-year-old woman whose confusing hand signals included pointing straight up, waving rapidly, and making a sudden turn. When questioned, she explains she changed her mind about turning left, and the vigorous waving meant she was "erasing" her previous signal.

At a local coffee bar, a young woman was expounding on her idea of the perfect mate to some of her friends. "The man I marry must be a shining light amongst company. He must be musical. Tell jokes. Sing. And stay home at night!" An old granny overheard and spoke up, "Honey, if that's all you want, get a TV!"

An 83-year-old man proudly walks into his local coffee shop and tells his friends he just got a state-of-the-art, incredibly expensive digital hearing aid. One of his buddies asks, "That's fantastic! What kind is it?"

The man checks his watch and replies, "It's a quarter past eleven."

I remember hearing that you know when you're old when you get up and go has gone up and left. And did not leave a forwarding address.

All residents receive a copy of the Vista each month. These can be on paper and delivered to your letter box or, in the interests of saving our planet (and the trees, and reducing waste etc) you might choose to have an electronic copy.

If you would prefer to receive your copy by email, please contact the Editor, at christchurchclass@gmail.com



Did you hear the news that Trump's next Executive Orders will be to change the name of Canadian Geese to Donald Ducks!

Answers to the Quiz on page 23

1. B) France.
- 2: C) Indonesia.
- 3: B) HMHS *Britannic*
- 4: C) Liechtenstein.
- 5: B) 1989
- 6: C) Queensland.
- 7: B) The Prime Meridian.
- 8: C) Ludwig van Beethoven.

Tamahere Retirement Village – Calendar of Events – October 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Colour Coding Blue Green Red Black	Health Clinics Exercise Groups Groups, Trips, Games Church Services	cc = Small Lounge in Community Centre HDL = Harakeke Downstairs Lounge CC = Community Centre C = Wesley Chapel HUL = Harakeke Upstairs Lounge		1 PODIATRIST HERE 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/HDL	2 9.15 Seated exercises for core strengthening /CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC 4.0 Movie /CC "Our Souls at Night"	3 10.0 Petanque– near V28
4 4.00 Worship in Wesley Chapel led by Rev. Peter Bargh	5 9.15 Seated cardio–endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Board Games, Pool/CC 3.30 Book Club /cc 7.0 Indoor Bowls/CC	6 10.00 Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	7 9.15 Strengthening exercises with dumbbells / CC 10.30 New World 4.00 Global Village /HDL 5.45 Rotary Club Meeting/CC	8 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/HDL 2.00 Village Fashion Parade/CC	9 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC 4.0 Village Quiz /CC	10 10.0 Petanque– near V28 11.0 Catholic Liturgy /C (Sue Kenrick)
11 4.00 Worship in Wesley Chapel led by Rev. Dr Susan Thompson	12 9.15 Seated cardio–endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Board Games, Pool 7.0 Indoor Bowls/CC	13 10.00 Bowls 10.30 Chartwell 10.30 "Growing Older – Facing the Questions"/HUL	14 9.15 Strengthening exercises with dumbbells / CC 10.30 New World	15 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/HDL	16 9.15 Seated exercises for core strengthening /CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC 4.0 Movie /CC "The Last Laugh"	17 10.0 Petanque– near V28 2.0 Living Waters Church Youth Group Visit /CC
18 4.00 Worship in Wesley Chapel led by Rev. Liz Lightfoot	19 9.15 Seated cardio–endurance Exercises/CC 10.0 The Guys Group /CC 1 pm Board Games, Pool/CC 7.0 Indoor Bowls /CC	20 10.00 Bowls 10.30 Chartwell 11.0 Catholic Mass/C (Mons Frank)	21 9.15 Strengthening exercises with dumbbells / CC 10.30 New World 11.0 Holy Communion /C (Rev. Dr Susan Thompson) 4.00 Global Village /HDL 5.45 Rotary Club Meeting /CC	22 10.00 Bowls 10.30 Coffee Group/CC 2.00 Ukelele Group/HDL	23 9.15 Standing Balance Exercises/CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC	24 10.0 Petanque– near V28 11.0 Catholic Liturgy /C (Clive Bleaken)
25 4.00 Worship in Wesley Chapel led by Rev. Barry Neal	26 LABOUR DAY 1 pm Bd Games, Pool/CC 7.0 Indoor Bowls /CC	27 10.00 Bowls 10.0 VILLAGE AGM /C 10.30 Van trip to The Base	28 9.15 Strengthening exercises with dumbbells / CC 10.30 New World	29 10.00 Bowls 10.30 Coffee Group/CC 3.00 Happy Hour /CC	30 9.15 Seated exercises for core strengthening /CC 10.0 Knit & Natter/HDL 1 pm Board Games/CC	31 10.0 Petanque– near V28 6.00 A Journey into the Wonderful World of Single Malts /CC